



April 14 , 2024 3rd Sunday of Easter

Bernice Petersen Celebrating her 95th Birthday!!



A special birthday celebration was held in the Church Fellowship Hall for Bernice Petersen on Sunday, April 7th to celebrate her 95th birthday. Bernice is our oldest member of the church. A good time was held by all and a special thanks to Jan Allaire for sharing this photo of Bernice and a huge thanks to those who brought cupcakes, etc. for the celebration.

Karen Biere will be celebrating her 90 birthday on April 21st. Please come to help her celebrate on that Sunday morning, April 21st, between services from 9-10:30 in the church fellowship hall.

Haiku Corner

Sun rises, clear morn,
"I'm off on an adventure,"
Outdoorsmen exclaim!
Dean Lambertsen

Spring. Iowa State.
Streams of chubs will congregate.
Catching them is great!
Ivan Lambertsen

Morning on the pond.
Sparkling sunrays dance with breeze.
Day lilies open.
Dan Lambertsen

Watercolor dawn
Brushstrokes on a canvas sky
Alleluia! Rise!
Marilyn Lambertsen

Night Stops to Listen
We Hear What we do not see
God's love all around
Anonymous

Summer 2024
Summer yet to come
"God's wink of sunny blue skies
Then leaves shed their wings."
Betty Hunter

Winter 2024
Winter surprises
Cold gusting winds, snow will blow
"God's wink" creates spring
Betty Hunter

Inner Peace
Life slips away fast
Slow down, relax, breath in air
Thank God for his winks
Betty Hunter

**Please send your Haiku poems to
Kathy at stpaulanamosa@gmail.com**

Collecting Pill Bottles

We are still collecting ONLY amber colored pill bottles that are **dry and clean of labels** for the Community Free Clinic in Cedar Rapids. Drop them off in the back of the church in the box underneath the table.



A special thank you to all that furnished food for the Dennis Hansen Sr. funeral last Saturday. It was very much appreciated. Also, please remember to stop by the church and pick up your dish!!!

Dinner With Friends

We all need to eat, so why not mark the date of **Thursday, April 25th** on your calendar and come out to **Boondocks** to also enjoy time with friends? We plan to gather at 5:00 to share a meal and good conversation and hope to see you



Prayer opportunities at St Paul led by Pastor Rodney!

Drumming Circle: Join others in the church chapel from 5:30-6:30 pm the **third and fourth Mondays** of the month for drum prayer (see dates below). 11 hand drums are available, first come, first to choose. We will begin with sharing gratitudes and intentions, then drum, ending with a drum wash to those who wish it.

Drumming is a form of contemplative prayer that invites us to be present to the Heartbeat of God. As we listen to and feel the drums, we experience the One pulse that gives rise to all the rhythms and energies of life. It is actually from the feminine energy of the divine that drumming emerges, and men drum to draw themselves from the head into the heart, seeking harmony.

Upcoming dates for 2024 will be: Mondays, April 15, 22, May 20, 27, June 17, 24

Kathy's Office Hours

Monday 8:30—3:30
Tuesday 8:30—3:30
Wednesday 8:30—2:30

If you need something on a particular day, please call ahead to let Kathy know so she can be sure to be there for you. Things do come up and she might have to be out of the office, so please plan ahead.

Please Pray for the Following

(Why people want prayers isn't important, *the prayers are!*)

We pray for all who need healing, strength or comfort, especially Marshall Fowler and Larry Fennert (cousin of Betty Hunter). For peace in our nation & world, for safety in our schools and communities and for those seeking a safe home. To add a name call or email Kathy at 319-462-4841/stpaulanamosa@gmail.com. Names will be listed for 4 weeks and may be renewed.

GriefShare is available upon request. Please contact Nancy Douglas if interested 319-551-3358.

AA meets in the lower level of the CE building on Tuesday evenings at 7:00 pm.

Jones County Food Bank:

To donate money, checks may be written to Jones County Community Food Bank and mailed to 105 Broadway Place, Anamosa IA 52205. The ideal donation will enable a family to "make a meal," so items such as pasta and canned pasta sauce, canned tuna and/or chicken and/or beef, and Hamburger Helper items are great. Clients also like pancake mix and pancake syrup. Canned fruits or vegetables are great too. Personal care items are always welcome. Many people who don't use food stamps don't know that those on food stamps can't use that money for personal care items—only food. So, personal care items would be great — toothbrushes, toothpaste, toilet paper, facial tissue, tampons, diapers, etc. Giving is a great way of remembering our neighbors in need.

Recorded services are found on St. Paul website, YouTube page or Facebook page.

National Suicide Prevention Lifeline
Available 24 Hours
Languages: English, Spanish
800-273-8255

Bread Bakers:

April: Kaileen Weaver
May: Pat Merritt
June: Sandra Andresen

Deliver Food to Food Bank:

April: Barb Kleis
May: Ralph & Sandy Andresen
June: Myra Powell

Tuesday, April 9

- 6:00 pm Grief Support by Request, call Nancy Douglas
- 7:00 pm AA—LL CE Building

Wednesday, April 10

- 8:00 am Men's Worship Group—CE Building
- 6-7:30 WD4
- **6:00 pm Evening Service**
Comm Prep: Ken/Pam Humpal
Greeters: Ken/Pam Humpal
Reader/Prayers: Polly Chalstrom
Comm Server: Ken Humpal
PowerPoint: WD4

Sunday, April 14

* 8:00 am Service

Comm Prep: Jeff/Kristi Fortune
Greeters: Sherri Evans/Tom Sabotta
Readings/Prayers: Tom Sabotta
Comm Servers: Jeff/Kristi Fortune
PowerPoint: Deb Hardersen

* 10:30 p.m. Service

Comm Prep: Barb Wilson
Greeters: Gary/Carlene Vavricek
Readings/Prayers: Kathy Dornbusch
Comm Servers: Kathy Dornbusch/Carlene Vavricek
PowerPoint: G/L Chrisman.
Livestream: Sebastian G.

Tuesday, April 16

- 6:00 pm Grief Support by Request, call Nancy Douglas
- 7:00 pm AA—LL CE Building

Wednesday, April 17

- 8:00 am Men's Worship Group—CE Building
- 6-7:30 WD4
- **6:00 pm Evening Service**
Comm Prep: Marlene Serbousek
Greeters: Nancy Lyon Douglas
Reader/Prayers: Nancy Lyon Douglas
Comm Server: Marlene Serbousek
PowerPoint: Darcie Tenley

Sunday, April 21

* 8:00 am Service

Comm Prep: Linda Kenny
Greeters: Mike/Nancy Bickford
Readings/Prayers: Brian/Michele Lubben
Comm Servers: Brian/Michele Lubben
PowerPoint: Grant Lubben

* 10:30am Service

Comm Prep: Dave/Deb Oldham
Greeters: Sally Clapp/Dales Family
Readings/Prayers: Amy Fuller Belding
Comm Servers: Dave/Deb Oldham
PowerPoint: Addie Dales
Livestream: Ingrid V.

Wednesday, April 24

- * 8:00 am Men's Worship Group—CE Building
- * **6:00pm Evening Service**
Comm Prep: Darla Algoe
Greeters: Darla Algoe
Readings/Prayers: Darla Algoe
Comm Server: Darla Algoe
PowerPoint: Beth Hora

Mailing Address:

**St. Paul Evangelical Lutheran Church
103 East Cedar Street
Anamosa, IA 52205**



CALENDAR OF EVENTS FOR ST. PAUL LUTHERAN CHURCH

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| April 13 | JoAnne Hollett Service—9:30-11 Visitation, 11:00 Funeral |
| April 15 | Drumming Prayer 5:30-6:30 pm Church Chapel |
| April 17 | HS Senior Recognition/Faith Statements from Confirmand after service 6:00 pm |
| April 20 | Clean Up Day @ CE Bldg and Church 9 am-Noon |
| April 21 | Karen Biere's 90th Birthday Celebration from 9-10:30 am in Fellowship Hall |
| April 22 | Drumming Prayer 5:30-6:30 pm Church Chapel |
| April 25 | Dinner with Friends @ Boondocks 5:00 p.m. |
| April 28 | 10:30 Service—Confirmation/Affirmation of Baptism |
| May 1 | Last WD4 class for summer, end of year celebration @ Wapsi Ana Park |
| May 5 | Final Confirmation Session @ 12:30 (following worship) |
| May 12 | Mother's Day |
| May 13 | Council Mtg 6:30 pm |
| May 18 | Armed Forces Day |
| May 19 | Crusin' for Camp Courageous |
| May 20 | Drumming Prayer 5:30-6:30 pm Church Chapel |
| May 27 | Drumming Prayer 5:30-6:30 pm Church Chapel |
| May 27-31 | Kaileen on vacation |

Mother's Day Carnations

Mother's Day Carnations & Honorariums: Once again we are offering an opportunity to honor mothers with a carnation and listing in the Pulse. If you would like to participate please fill in the information on the envelopes either at the back of church or on the table inside the CE building. Carnation donation is \$4.00 and deadline is **Monday, May 6**. Any extra Proceeds will go towards the Youth Gathering Trip to New Orleans this summer.



**St Paul's Lutheran Church
Spring Clean Up Day**

Saturday, April 20th

9:00 a.m.—12:00 Noon

**All members are welcome to help for
any length of time they can There will be
tasks for all ability levels.**

**There will be work to be done inside
and outside (weather permitting).**

**Put on your working clothes
and bring any cleaning supplies
you like to use, if you prefer, and come
on over to the church!!**

**Call Fred Austin @ 319-7480-1274 or Linda Kenny @
319-350-3323 with questions.**

